



Family Nurturing Center of Central New York, Inc.

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PROGRAMS AND SERVICES

NURTURING PARENTING PROGRAMS®

Parenting education curricula, based on a model of empowerment for adults and children, developed by Dr. Stephen Bavolek. *Nurturing Programs for Parents and Their Children* – Prenatal; Infants, Toddlers, Preschoolers; Entering Kindergarten; School Age (4-11); Adolescents; Children with Health Challenges; also for Teen Parents and Their Children. See details at nurturingparenting.com.

FAMILY PLACE RESOURCE CENTER

Located at 309 Genesee Street in Utica. Opened in 1997. A friendly accessible site that offers parenting education in small groups; private consultations; referrals to services; special events, play groups, support groups, supervised parent-child visitations, and a children's clothing share. Funded by Excellus BlueCrossBlueShield, the NYS Parent Education Partnership and local fundraisers.

HEALTHY FAMILIES - ONEIDA COUNTY

Statewide home visiting program serving overburdened families, starting in the prenatal or newborn period. Promotes optimum childhood development and positive parent-child interactions to prevent child abuse and neglect. Funded by the NYS Office of Children & Family Services, in partnership with the lead agency - Oneida County Health Department.

EVELYN'S HOUSE FOR YOUNG MOTHERS AND BABIES

Located on the Lourdes Church site in Utica. Opened in 2007. A nurturing, transitional residence with multiple services for young women, up to age 21, who become homeless while pregnant or raising a child. Funded by the U. S. Department of Housing & Urban Development, the NYS Office of Temporary & Disability Assistance, The Community Foundation of Herkimer and Oneida Counties, and local donors.

PARENTS AT CROSSROADS

Supervised Parent-Child Visitation. Opportunities for visits in a safe comfortable setting, where non-custodial parents and relatives can enjoy good quality time with their children.

Children First Program. A two-session presentation (evenings) to help divorced and separated parents reduce the stress of family changes and protect their children from negative effects of ongoing parental conflict. The Family Nurturing Center is certified by the NYS Unified Court System to serve Oneida and Herkimer County residents.

FATHERHOOD SERVICES

Local provider of the *Nurturing Father's Program* - 13 sessions, led by male facilitators - to enhance nurturing skills and connections of fathers with their children. Dads are also welcome in the agency's Nurturing Fathers Fellowship and other fatherhood enrichment activities offered by the Family Place, Parents at Crossroads, and the Healthy Families Program.

TRAINING FOR NURTURING PROGRAM FACILITATORS AND SERVICE PROFESSIONALS

Provided in New York State and other locations by Donna LaTour-Elefante - National Trainer and Consultant in the Nurturing Parenting Programs®, Child Life Therapist, and Executive Director of the Family Nurturing Center of CNY. Call or email for training schedules and opportunities for consultations.