

Participants' Comments

- "Fun as well as informative and thought provoking"
- "Presenter was excellent; easy to listen to, both serious and humorous and willing to have strong beliefs about nurturing needs and the program"
- "I finally found a workshop with a presenter who knows what social services really deals with"
- "Inspirational, stimulating, challenging; lots of information and practical tips"
- "The workshop was very strong and well put together; also, very rewarding. It gave me a much better understanding of problems and how to deal with them in my field of work"
- "It was better than excellent"

The Nurturing Programs[®]

The Nurturing Parenting Programs are family-based programs with a proven track record of preventing the recurrence of child abuse and neglect that address the specific needs of different populations:

- Prenatal Program
- Parents and Their Infants, Toddlers & Preschoolers
- Parents and Their School-Age Children
- Parents and Adolescents
- Teen Parents and Their Families
- Families in Substance Abuse Treatment & Counseling
- ABC's Program for Parents & Kindergarteners
- Crianza con Cariflo Birth to Five Years
- Crianza con Cariflo 4-12 Years
- Parents and Their Children with Health Challenges
- African-American Nurturing Program Supplement
- Hmong Parents and Adolescents
- Nurturing Parenting Program for Christian Families
- Family Nurturing Camp
- Nurturing Skills for Parents
- Nurturing Skills for Teen Parents
- Nurturing America's Military Families
- Community-Based Education in Nurturing Parenting

Nationally-Certified Trainer

Donna LaTour-Elefante

Donna LaTour-Elefante is founder and executive director of the Family Nurturing Center of Central NY, Inc., a private not-for-profit corporation devoted to providing family education and support programs and services for parents, children, adolescents, and individuals throughout Central New York.

Ms. LaTour-Elefante is a nationally recognized trainer/consultant in the Nurturing Programs,[®] a member of the International Nurturing Collaborative Council, a Child Life Therapist, and has implemented Nurturing Programs since 1987. She has bachelors degrees in both education and in psychology/child-life therapy and is working toward a master's degree in child and family studies at Syracuse University.

Ms. LaTour-Elefante has extensive experience in providing special trainings and workshops in the prevention and treatment of child abuse and neglect; and she has traveled throughout the country to train professionals who work with families and those who now implement the highly-effective Nurturing Programs.[®]

She is responsible for introducing the Nurturing Programs for Parents and Their Children to New York State, and participated in piloting both the Nurturing Program for Parents With Special Learning Needs, and the Nurturing Program for Foster/Adoptive Parents and Their Blended Families.

Through the Family Nurturing Center, Ms. LaTour-Elefante has provided Nurturing Programs for Parents and Their Children ages birth to 18 years, and continues to offer trainings, workshops, and staff development in-services in nurturing skills.

Nurturing Parenting Program

Facilitator Training

Presented by:

*The Family Nurturing Center of
Central New York, Inc.*



Nurture Me, Watch Me Grow

April 25 - 29, 2011

9:00 AM to 5:00 PM

**Family Nurturing Center of CNY, Inc.
209 Elizabeth St., 4th Fl. Utica, NY**

Cost: \$500.00

Name: _____

Affiliation: _____

Address: _____

City: _____

State & Zip: _____

Phone: _____

We accept: Cash, Check, MC/VISA
315-738-9773 Ext. 223

*Intensive five-day training
designed for professionals who work with
families; and for individuals interested in
facilitating Nurturing Programs*

The Nurturing Programs® for Parents and Their Children are internationally recognized and validated to treat and prevent family dysfunction.



Benefits of The Five-Day Nurturing Skills Training

As a result of the five-day training, participants will:

- Increase their personal nurturing attitudes and behaviors.
- Understand how to assess high-risk abusive parenting attitudes and behaviors.
- Increase their awareness and develop their ability to implement valid programs designed to increase nurturing skills of parents and their children.
- Develop their knowledge and awareness of the nurturing philosophy of raising children and treating and preventing family dysfunction.
- Experience effective treatment strategies.

Professionals will also help families develop:

- Appropriate expectations of children
- An empathic awareness of children's needs
- Alternatives to physical and emotional abuse
- Appropriate family roles
- Empowered & independent children

Who Should Attend the Training

Family Therapists	Preschool Teachers
Counselors	Child Care Staff
Teachers	Social Workers
Parent Aides	Parent Educators
Head Start Staff	Caseworkers
Healthy Families	Home Visitors

Training Agenda

Day 1

- Introduction, formation and validation of the The Nurturing Programs®
- Nurturing Philosophy of learning and program values
- Assessing nurturing parenting attitudes, knowledge and program participation
- Developing self concept and self esteem

Day 2

- Developing personal power
- Recognizing, understanding and communicating feelings and needs

Day 3

- Creating family rules
- Discipline, punishment and rewards as alternatives to physical punishment
- Exploring the value of nurturing touch and reviewing our experiences with hurting and scary touch

Day 4

- Implementing The Nurturing Programs®
- Explore children's program

Day 5

- Practice facilitating parents' or children's activities
- Celebration
- Certificates

*For more information contact
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The Nurturing Philosophy

The Nurturing Programs® are based on the philosophy that parenting is learned. The way we raise our children is directly influenced by the manner in which we were raised.

All of the Nurturing Programs® address parents' needs for nurturing and re-parenting, and provide concurrent nurturing learning experiences for children.

Similar skills and attitudes are taught to parents and children to maximize learning and maintenance of new knowledge and behaviors.

Goals of the Nurturing Program

The Nurturing Programs® provide parents and their children with a structure in which to learn non-abusive ways of relating to themselves and others, to break the intergenerational cycles of child abuse, teen pregnancy, substance abuse and violence toward others.

It is not easy to reduce family dysfunction...the violence, belittling and uncaring attitudes which result in abuse to self and others.

Helping families establish nurturing as a way of life takes time, yet is a critical and urgent goal.

The Nurturing Parenting Programs® are recognized by the National Registry of Effective Programs and Practices (NREPP), The Substance Abuse Mental Health Services Administration (SAMHSA) and the Office of Juvenile Justice and Delinquency Prevention (OJJDP).